

вац Group 2 Progressive lessons 1&2

Progressive Lesson Group 2 is Mondays from 6:30 to 8:30 pm with a minimum of 8 students.

Cost: \$40.00 for 2 lessons

To Register: Please send payment to reddeerpickleballclub@gmail.com Please complete the bottom of this form and email to <u>wademarie21@gmail.com</u> She will then schedule your lesson.

PREREQUISITE:

Must be a member of Red Deer Pickleball Club Recommended 3.5 and 4.0 player. High Level of ball placement on court Eye protection is recommended.

OBJECTIVE LESSON 1:

At the end of this two-hour lesson, you will have a good understanding of court strategy, dinking, ground strokes, and serve and return which in turn will make you more effective on the court.

OBJECTIVE LESSON 2:

At the end of this Two-hour lesson, you will have a good understanding shot options including, third shot drop or drive, volleys, blocking volleys, lobs and advanced court strategy. It will also include a quick review of dinking, ground strokes, serve and return and fundamentals.

Instruction: Certified Instructors will follow the IPTPA program