



Group 1

Progressive Lessons 1 & 2

Progressive Lessons Group 1 is on Monday's from 6:30 to 8:30 pm with a minimum of 8 students required.

Cost: \$40.00 for 2 lessons

To Register: Please send payment to reddeerpickleballclub@gmail.com

Please sign the bottom of this page and email to: wademarie21@gmail.com

She will then schedule your lesson.

PREREQUISITE:

Must be a member of Red Deer Pickleball Club

Must have progressive lesson 1

2.5 to 3.0 player

Understanding of basic Pickleball Rules

Court safety, Court etiquette, how to keep score,

Ability to play a basic game of Pickleball.

Eye protection is recommended.

OBJECTIVE Lesson 1:

At the end of this Two-hour lesson, you will have a good understanding of proper warm up, basic footwork, paddles grip, ready position, serve and return, dinking, ground strokes, and court strategy. All of which will help you will be more effective on the court.

OBJECTIVE Lesson 2:

At the end of this Two-hour lesson, you will have a good understanding of court strategy, shot options, third shot drop or drive, volleys, blocking volleys and lobs with a quick review of dinking, ground strokes, serve and return and fundamentals.

Instruction: Certified Instructors will follow the IPTPA program

Name (please print) and E mail to wademarie21@gmail.com